



---

*Tailored nutrition  
therapy to help  
dialysis patients*  
**THRIVE.**

---

Pentec Health provides both IDPN and IPN therapies to dialysis patients who are unable to achieve adequate protein and/or calorie intake. Our clinical criteria ensure that appropriate patients receive the vital nutrients provided in this therapy to help improve their nutrition status. We provide clinical monitoring to help manage those patients for whom the physicians determine are appropriate candidates for IDPN and IPN therapy.

Pentec Health also provides comprehensive reimbursement expertise based upon over thirty-six years of providing and successfully obtaining coverage for these therapies.



Copyright© 2024, Pentec Health, Inc. All rights reserved. 23PEN01008-0124



IPN Patient Education



**800.223.4376**  
[www.pentechealth.com](http://www.pentechealth.com)

# Intraperitoneal Nutrition (IPN)

## Compounded according to physician prescription.

### What is Pentec Health's IPN therapy and how can it help me?

The peritoneal dialysis procedure increases your calorie and protein needs. Even if you follow your dialysis diet very carefully, you may still have a difficult time getting vital nutrition through food and dietary supplements. You may also experience poor appetite, nausea, vomiting or diarrhea. This can lead to low protein levels, malnutrition, and/or weight loss. As a result, you may have difficulty tending to your daily activities.

IPN is a nutritional therapy that provides nutrients your body needs to improve your nutritional status. IPN contains protein in a form that is used by your body more quickly than protein found in the foods you eat. IPN is safe to be administered directly into the peritoneal cavity.

IPN therapy is usually administered daily at home as a replacement for one of your exchange bags. It can be used with or without aycler.

Pentec Health is a licensed pharmacy where your personalized prescription of IPN will be prepared. The goal of the therapy is to improve your appetite, strength and energy.

### How do I know if I need IPN?

Your doctor and dietitian will review your medical records, albumin and other lab work, protein and calorie intake, weight history and special needs to determine if IPN is right for you.

### Will I have any side effects with IPN therapy?

Our formulas are prepared safely and individualized to meet your nutrient needs. You should not experience any side effects. However, if you do experience side effects (such as dehydration) your dietitian, nurse, or doctor will help determine the cause of the problem and treat it accordingly so that you can continue to receive IPN.

### How will I receive it?

You will receive your IPN bags in a weekly shipment to your home. Before starting the therapy, we will loan a refrigerator to you for use with your IPN medication. You will receive your IPN bags in a weekly shipment to your home. IPN MUST be refrigerated. Our Nurse Educator or Clinical Pharmacist will give you instructions about inspecting, refrigerating and warming the IPN bags.

### How long will I need to continue IPN therapy?

The length of therapy is different for everyone and depends on your nutritional needs. You should see results within the first few months. Continue to follow advice from your dietitian and physician about food and supplements while you receive IPN therapy.

### Is IPN covered by my insurance?

IPN therapy is covered by many commercial and Medicaid insurances. Pentec Health will bill your insurance company directly. Before starting your therapy, Pentec Health will review your insurance and let you know about any co-pay or deductible obligations you may have. We understand financial circumstances differ. We offer a variety of flexible payment options, including payment plans, and an individualized account review upon patient request, to determine if the patient qualifies under any assistance programs. Pentec Health complies with all Federal and State Privacy laws pertaining to your protected health information.

**Talk to your doctor or dietitian at the dialysis clinic and ask them to call a Pentec Health representative today. 800-223-4376**

