



Your doctor and renal dietitian have added Intra Peritoneal Nutrition (IPN) to your dialysis treatment to help increase the amount of protein you receive. The IPN bags will be shipped to you weekly by Pentec Health. They make the IPN treatment specifically for you and your needs based on your doctor's prescription. Here is a helpful checklist on what you should do and look for when you start to receive the IPN bags.

#### How to handle the bag upon delivery:

- Inspect IPN bags immediately to make sure they are not warm, frozen, leaking, cloudy, or discolored.
- Refrigerate IPN bags should be placed in your medication refrigerator provided to you by Pentec Health and kept between 36-46 degrees Fahrenheit.
- Rotate IPN bags once you receive a shipment to make sure you use the oldest bags first. The discard after date is listed at the bottom of the pharmacy label on the IPN bags. Please check this date.

### How to handle the bag before infusion:

- Inspect IPN bag after removing from refrigerator and prior to infusion to make sure there is no discoloration, cloudiness or particles.
- ☐ Check expiration date- The discard after date is listed at the bottom of label on the bag. Please check this date prior to infusing. If the bag is out of date, please drain and discard.
- Room Temperature. Remove IPN bags from the refrigerator 1 hour before infusing. Never use the bags directly from the refrigerator. Your IPN bag can be kept out of the refrigerator for up to 24 hours before infusing.

Don't microwave IPN bag or place the bag in a water bath.

## How to use the bag:

- Check the label on your IPN bag for any specific instructions about infusion. Typically, the IPN bag is the first bag on the cycler machine or hung to replace 1 exchange.
- Follow instructions for starting IPN as trained by your provider
- Monitor for signs of dehydration and call your provider with any issues

If you need to stop your IPN shipments or have any questions or concerns, please call Pentec Health at 800-223-4376.





# Storing IPN Shipments

The refrigerator you were provided will accommodate seven IPN dialysate bags. Remove each shelf from the refrigerator. The bottom drawer will remain in the refrigerator. (Image 1)

# Follow the procedure below for each weekly delivery.

Open each box and remove IPN. Each bag is wrapped in bubble wrap to provide protection during shipment. Remove this bubble wrap and inspect each bag for signs of leaks or damage.

If there is any question regarding the integrity of the bag or solution, contact Pentec Health, Inc. (800-223-4376) for a replacement.

If you have a bag remaining from the previous delivery, remove at this time from the refrigerator for your next treatment session.

Place 2 bags in the drawer (Image 2)

Place 2 bags front to back (Image 3)

Place another 2 bags on top (Image 4)

Place last bag on top (Image 5)

Ensure the refrigerator door closes.



(Image 1)







(Image 3)



(Image 4)



(Image 5)